

**MEAT FREE**

**MONDAY**

**TUESDAY**





**WEDNESDAY**

**THURSDAY**

**FRIDAY**




Week Commencing 4<sup>th</sup>, 25<sup>th</sup> November. 2<sup>nd</sup>, 23<sup>rd</sup> December. 13<sup>th</sup> January. 3<sup>rd</sup>, 20<sup>th</sup> February. 10<sup>th</sup> 31<sup>st</sup> March.

**WEEK 1**

Quorn Katsu Curry Dippers & Rice <b>V</b>	Margherita Pizza & Garlicky Wedges <b>V</b> 	Macaroni Cheese & Garlic Bread <b>V</b> 	Lamb Keema & Rice	Hoisin Veggie Rice and Flatbread <b>V</b>	Red Thai Vegetable Curry with Rice <b>V</b> 	Chicken Burger & Wedges	Vegetable 5Spice Yakki Noodle <b>PB</b> 	Fish Fingers & Chips <b>F</b>
Sweetcorn & Mixed Salad		Green Beans & Coleslaw		Carrots & Peas		Sweetcorn & Broccoli		Peas & Baked Beans
Fruit and Yoghurt		Fruit and Yoghurt		Fruit and Yoghurt		Fruit and Yoghurt		Fruity Flapjack

Week Commencing 11<sup>th</sup> November 9<sup>th</sup>. 30<sup>th</sup> December. 20<sup>th</sup> January. 10<sup>th</sup> 27<sup>th</sup> February. 17<sup>th</sup> March. 7<sup>th</sup> April

**WEEK 2**

Vegetable Bolognese with Spaghetti <b>PB</b>	Cheese and Tomato Pasta Bake & Paprika Wedges <b>V</b>	Quorn Sausage & Roasted Vegetable traybake with Mighty Mash <b>V</b> 	Chicken Sausages and Mash with Gravy	Quorn Shepherds Pie <b>PB</b> 	Singapore Vegetable Stir Fry & Rice <b>PB</b>	BBQ Chicken Pizza & Cajun Wedges	Crispy Veggie Dippers & Chips <b>PB</b>	Chicken Goujons & Chips 
Sweetcorn & Coleslaw		Peas & Mixed Salad		Carrots & Broccoli		Sweetcorn & Green Beans		Peas & Baked Beans
Fruit and Yoghurt		Fruit and Yoghurt		Fruit and Yoghurt		Fruit and Yoghurt		Marble Cake and Custard

Week Commencing 18<sup>th</sup> November. 16<sup>th</sup> December. 6<sup>th</sup>, 27<sup>th</sup> January. 17<sup>th</sup> February. 3<sup>rd</sup> 24<sup>th</sup> March. 14<sup>th</sup> April.

**WEEK 3**

Veggie Cheese Pasty with Garlic & Herb Wedges <b>V</b>	Mushroom Carbonara & Focaccia <b>V</b> 	Vegetable Curry and Rice <b>PB</b>	Chicken Keema and Rice	Veggie Tomato Puff with Crispy Potatoes & Gravy <b>V</b>	Vegetable Pasta Bolognese <b>V</b>	Mighty Chicken Pizza with Garlicky Wedges	Cheese & Onion Quiche with Chips <b>V</b> 	Fish Fingers & Chips <b>F</b>
Sweetcorn & Coleslaw		Green Bean & Carrots 		Peas & Cauliflower 		Roasted Mediterranean Veggies & Sweetcorn		Peas & Baked Beans
Fruit and Yoghurt		Fruit and Yoghurt		Fruit and Yoghurt		Fruit and Yoghurt		Golden Crispie Cake

**Available Daily:** Salad Bar, Fresh Bread, Fresh Fruit & Yoghurt

**Look out for Chef's Special Jacket Potato, Pasta Pot & Sandwiches**

**Menu Key:** PB Plant Based | F Fish | V Vegetarian | H Halal version available

